May 5, 2023

Cancer Screening Best Practices for CrossOver Patients

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| **Screening Test** | **At CrossOver (based on review of guidelines and available resources)** |
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| Mammogram | One baseline study between 40-49years old.  Every 1-2 years beginning at 50 years old. |
| Cervical Cancer | Age 21-29: Every 3 years with cytology alone  Age 30-65: Every 5 years with cytology AND HPV |
| Colorectal Cancer | FIT Test starting at 45yo. If FIT test +, refer for diagnostic colonoscopy.  MEDICAID ONLY- Screening colonoscopy. |
| Lung Cancer screening | MEDICAID ONLY- Annual screening w/low-dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery. |
| Prostate Cancer | Discuss benefits and risks of DRE and/or PSA screening at 50 year for most men.  Discuss at 45 for African American men, or men with a 1st degree relative with prostate cancer that was diagnosed prior to 65 years old. |