



Healthcare Ministry

COMPASSIONATE HEALTHCARE FOR PEOPLE IN NEED



We are called to provide health care, promote wellness, and connect community talents and resources with people in need in the name of Jesus Christ.

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Want to grab a beer on a gorgeous fall evening?

Come join the CrossOver Young Professionals Council at Three Notch'd Brewery on Thursday, November 17th between 5:00pm and 8:00pm. Register in advance online and receive your first beer on us! Enjoy the fresh brews at Scott's Addition's newest brewery and support an amazing cause all at once.

Three Notch'd Brewery
2930 West Broad Street
Richmond, VA 23230

Please register in advance for your free beer ticket: [here!](#)
Tell a friend!

Gifts of Note

CrossOver was fortunate to receive the following notable gifts.

Thank you to:

Sheltering Arms Foundation of the Community Foundation

Carneal-Drew Foundation

Thank you for your support!

Help Needed

Can you volunteer?



With 60% of services being provided by volunteers and an ever increasing number of uninsured people looking to become patients, additional help is needed in order for us to continue to provide high quality healthcare for those in need.

We're currently seeking individuals to help us in the following ways:

- **Dentists**
- **Nursing Volunteers for both clinics**
- **Primary Care Providers for both clinics**
- **GYN providers for both clinics**

Please click on the button above to go to the online application or contact Jackie Griggs at 804.422.2600 x119 or email jgriggs@crossoverministry.org.

Mission Clinics

Is your church looking for an outreach opportunity that doesn't involve travel? Are there a number of medical professionals in your congregation? If so, consider running one of our clinics on a Saturday morning. Not only will you be spared the time and expense associated with long distance travel, but you will be able to help individuals right in your own community.

If you are interested in this opportunity, please contact Jackie Griggs at 422.2600 x119 for more information.

We thank you and so do your neighbors who need health care.

Give a Little Bit

You can support CrossOver in a variety of ways.

Become a member of the **Good Samaritan Society** by remembering CrossOver in your **estate plans**. For more information, contact Lynn Williams at 804-655-2794 ext. 102 or email lwilliams@crossoverministry.org.

If you are a frequent **Amazon** shopper, you can designate us

as a recipient of a portion of your purchase through their **Amazon Smiles** program. More information as well as the link can be found on our [website](#).

United Way participant, school or government employees should ask that your contribution be directed to CrossOver by using the following numbers.

United Way of Greater Richmond & Petersburg #3200

Combined Federal Campaign #65367

Commonwealth of Virginia Campaign #3261

Local Schools & Government Campaign #118

Many employers sponsor **matching gift** programs and will match charitable contributions made by their employees (or spouses and retirees). If it is offered, simply request a matching gift form, and send it completed and signed with your gift. We will do the rest. This will double (or possibly triple) the impact of your gift.

To contribute, mail checks to:

Mental Health First Aid

When you think of first aid you probably think about things like applying a bandage or providing CPR. These are things an average person can do until medical help arrives. Mental Health First Aid aims to teach lay people to provide the same bridge to care for people in emotional distress.

CrossOver provides a full continuum of care integrating services across multiple

specialties including dental, vision, and mental health.

At CrossOver the staff recently completed eight hours of Mental Health First Aid training so that every member of the team will know the right way to approach a person who might seem in mental distress. This gave team members the tools they need to be the bridge to care with one of our mental health providers.

"A barrier in treatment is the stigma in talking about mental health. Many people avoid seeking the care they need, due to fear of being called 'crazy'" Says CrossOver resident in counseling Schliqua Thompson. "Educating as many people as possible about mental illness helps reduce stigma and promotes better access to care."



WHY IT MATTERS

Because sometimes **PEOPLE DON'T KNOW HOW TO ASK FOR HELP.**

Because **THERE IS A SUICIDE EVERY 12.8 MINUTES.**

Because we can all be **MORE AWARE AND MORE INFORMED.**

This is especially important to our patients. Due to their life circumstances and cultural differences, our patients experience higher than normal rates of mental health problems. Many are afraid or ashamed to ask for help. But, they might open up if someone sees that they are struggling and offers a helping hand.

A big thank you to volunteer social worker, Karen Rice, LCSW for giving her time to train our staff.

CrossOver is committed to providing the best care we can for our patients: mind, body, and soul.

Want to learn more about Mental Health First Aid? Visit

the [National Council for Behavioral Health](#) for information and to learn how to take a class yourself.

CrossOver Christmas Families

It's that time of year again, when you can help make Christmas extra special for a family in need.



Christmas can be an especially tough time for some of our patients. When you struggle to pay the rent and buy food, it can be nearly impossible to find anything leftover for presents.

Each year we match CrossOver families in need with those who want to help.

You, your family, your business, or your church group can make Christmas dreams come true for some very deserving kids.

If you'd like to sponsor a family or have any questions, please contact Abby Dini at adini@crossoverministry.org.

Compassionate Care Awards

We would like to say a big thank you to everyone who came out to support CrossOver at the 2016 Compassionate Care Awards! More than 300 people enjoyed dinner at the Jefferson, where we raised **more than \$100,000.**



The 2016 Honorees (from left to right) Lindley Smith, MD, Sally Mitchell, RN, and Gordon Prior, DDS.

A special thank you to all of our sponsors:

Gold



Silver

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- Free Agents Marketing
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- Jim and Donna Zocco

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- John and Margaret Whitlock
- Gary and Kitty Witthoefft
- Issac and Susan Wornom
- Virginia Premier Health Plan, Inc

CrossOver Christmas Catalog



Do you have that special someone in your life that is hard to buy for? Look no further, CrossOver has the perfect gift! You can give your friends and family a unique gift, AND give the gift of healthcare to those in need in your community.

Your donation can pay for doctor's visits, dentures, eye exams, immunizations and more!

It's as easy as 1, 2, 3....

1. [Click here](#) to go to the CrossOver Christmas catalog. Shop for the type of gift you would like to give.
2. Choose your gifts and fill out the forms telling us who the gift is for, their address and whether the gift is in honor of the recipient or in memory of a loved one.
3. CrossOver will send an acknowledgement of your gift with a personalized note to the recipient.