

# ***Prescribing Guide for the Uninsured***

Anti-infectives .....	5
Anti-platelet & Anti-coagulant.....	6
Asthma, COPD, Allergies, & Smoking Cessation .....	7-9
Dermatology .....	10
Diabetes .....	11-12
Gastrointestinal .....	13
Hyperlipidemia .....	14
Hypertension .....	15
Mental Health .....	16-17
Migraine Headache .....	18
Ophthalmology.....	19-20
Orthopedic and Rheumatologic .....	21
Seizure Disorders .....	22
Thyroid Disorders .....	23
Urology.....	24
Vaccines .....	25
Women's Health .....	26

**CrossOver  
Health Care  
Ministry**



## ***Guide to Processes***

**Preferred route for all Prescriptions is to E-Prescribe them directly to the pharmacy of the patient's choice.**

Please do not use paper prescription pads to write prescriptions as this prevents the EHR from capturing prescribing information.

If a patient prefers a paper prescription, print it out for them from the Electronic Health Record.

If you are having trouble with e-prescribing, please contact the staff clinician, staff nurse, or clinic manager.

### **\$4 Retail**

When in the e-prescribing screen, select the pharmacy that the patient requests.

### **CrossOver Pharmacy**

When in the e-prescribing screen, select "Cross-Over" from the pharmacy list.

- *Henrico Clinic*: Medication will be available at the medication window in 1 week. The patient will **not** receive a phone call notifying them to pick up medication. If it is not picked up within 2 weeks, it will be sent back to the pharmacy.

If a patient needs a medication the same day, this may be able to be arranged. Discuss this with the Henrico Clinic Medications Case Worker to see if this can be arranged.

- *Richmond Clinic*: Medication may be able to be picked up on the same day, depending on pharmacy staffing.

## **Mail Order**

Prescription should be turned in to the front office or placed in designated area at each clinic. Patients will be called when their medicine arrives, which will usually takes 3-6 weeks.

## **Formularies**

Found in the clinic or on our website-

<http://www.crossoverministry.org/index.php/clinician-info/>

One of the home pages of all volunteer computers is the CrossOver formulary.

## **Other Prescription Savings Programs**

[www.goodrx.com](http://www.goodrx.com) – App that is available on the internet or on a smart phone. Patient puts in zip code and medication. A coupon is generated for local stores. Useful for more expensive generics such as clopidogrel and gabapentin.

*Rx Savings Cards* – Often available at our front desk or in patient rooms. Otherwise, patients can go to [www.needymeds.com](http://www.needymeds.com). Patient takes the card/coupon to a participating pharmacy and gets an unspecified discount.

## Anti-Infectives

### *Antibiotics*

Amoxicillin	250mg, 500mg, 400mg/5ml	\$4retail, CrossOver (500)
Avelox	400mg	CrossOver
Cephalexin	250, 500mg -	\$4retail
Ciprofloxacin	250, 500mg -	\$4retail
Clindamycin	150mg	CrossOver
Macrobid	100mg	CrossOver
Metronidazole	500mg	CrossOver
Penicillin	250mg, 125mg/5ml	\$4retail
TMP/SMX (Bactrim)	800mg/160mg, 400/80	\$4retail

### *Antibiotic Cream*

Bactroban Nasal Ointment	2%	CrossOver
--------------------------	----	-----------

### *Antifungals*

Fluconazole	150 mg	\$4 retail
Terbinafine	250mg	\$4retail
Nystatin cream	15 gm/30 gm	\$4 retail

### *Antivirals*

Acyclovir	200mg	\$4retail
-----------	-------	-----------

### *Ear drops*

Ciprodex Otic Solution	7.5ml	CrossOver
Cipro HC Otic	7.5ml	CrossOver

### *Eye drops*

Ciprofloxacin Hydrochloride Ophthalmic Sol	0.3% gtt or ointment	CrossOver
Erythromycin Ophthalmic Ointment	3.5gm	\$4Retail
Gentamicin Sulfate ophth Solution USP 0.3%	Anti-infective	\$4Retail
Neomycin/Polymyxin B/Dexamethasone Ophth Susp	5ml Bottle	\$4Retail
Neomycin/Polymyxin B/Dexamethasone Ointmnt	3.5gm	\$4Retail,CrossOver
Polymyxin Sulf/TMP Op. Soln	10ml bottle	\$4Retail
Tobradex Ophthalmic Suspension	Anti-infective	CrossOver
Tobradex Ophthalmic Ointment	Anti-infective	CrossOver
Tobrex Ophthalmic Sol	0.3%	\$4Retail

## Antiplatelet and Anticoagulant

### Anticoagulant

Eliquis		Mail Order
Pradaxa	150mg	Mail Order
Warfarin	1, 2, 2.5, 3, 4, 5, 6, 7.5, 10mg	\$4retail
Xarelto	20mg	Mail Order

### Antiplatelet

Aspirin	81, 325mg	OTC
Brilinta	60mg, 90mg	CrossOver
Clopidogrel (Plavix)	75mg	CrossOver
Effient	5, 10mg	Mail Order

## Asthma, COPD, Allergies, Smoking Cessation

### **Inhalers, Maintenance**

Advair HFA	115/21, 230/21	CrossOver
Advair Diskus	100/50,250/50,500/50	CrossOver
Anoro Ellipta	62.5mcg/25mcg	CrossOver
Asmanex Twist Inhaler	110, 220	CrossOver
Breo	100mcg/25mcg	CrossOver
Dulera	100/5, 200/5	CrossOver
Flovent HFA	44, 110, 220	CrossOver
Flovent Diskus	50,100,250	CrossOver
Spiriva Handihaler		MailOrder
Symbicort		CrossOver

### **Inhalers/Nebulizers, Rapid Acting**

Albuterol 0.083% neb soln	(25) 3mL vials	\$4
Ipratropium 0.02% neb soln	(25) 2.5 mL vials	\$4Retail
Proventil HFA	1 inhaler	CrossOver
Ventolin HFA	1 inhaler	CrossOver

### **Antihistamines**

Cetirizine		OTC
Diphenhydramine	10mg	OTC
Fexofenadine	25mg	OTC
Grastek		CrossOver
Loratadine		OTC
Ragwitek		CrossOver

### **AntiLeukotriene**

Montelukast	<a href="http://www.goodrx.com">www.goodrx.com</a>
-------------	--

### **Nasal Corticosteroids**

Beconase AQ		CrossOver
Nasonex	50mcg	CrossOver
Patanase		CrossOver
Veramyst	27.5 mcg	CrossOver

### **Oral Steroids**

Prednisone	2.5, 5 mg	\$4retail
------------	-----------	-----------

### **Smoking Cessation**

Bupropion SR	150 mg	CrossOver
Chantix	0.5, 1mg, Starter Pack,	CrossOver
Nicotrol Inhaler	Continuing month pack	CrossOver
Nicotine lozenges, gum	28-10; 1 month pack	CrossOver
		OTC



## **Asthma, COPD, Allergies, Smoking Cessation (page 2)**

### ***Other Resources Available***

Pneumococcal vaccination is indicated and available at CrossOver Richmond clinic for all patients who are smokers or have Asthma or COPD

Flu shot is available seasonally at both sites and indicated for all patients

USE SPACERS for all patients receiving inhalers. They are in the sample area.

Peak Flow Meters are sometimes available in the sample area

Over the counter nicotine patches are most affordable at Walmart (Equate brand)

Pulmonary Function Testing is available. Fill out an imaging form and give it with the chart to the front desk to schedule

#### Specialty referrals

- ENT, Pulmonary referrals available 'in-house' (or through Access Now if a procedure is needed)

- Allergist is available through Access Now

## **Dermatology**

### ***Steroid Creams***

#### Super High Potency (I)

Clobetasol cream	0.05%	30 gm	www.goodrx.com
------------------	-------	-------	----------------

#### Moderate-High (III)

Triamcinolone cream	0.5%	15gm	\$4retail
---------------------	------	------	-----------

#### Moderate (IV)

Triamcinolone ointment	0.1%	15gm, 80gm	\$4retail
------------------------	------	------------	-----------

Triamcinolone cream	0.025%	15, 80gm	\$4retail
---------------------	--------	----------	-----------

#### Mild (VI, VII)

Hydrocortisone cream	1%, 2.5%	30gm	\$4retail
----------------------	----------	------	-----------

### ***Antibiotic creams***

Bactroban Nasal Oint	2%		CrossOver
----------------------	----	--	-----------

Sliver Sulfadiazine cream	1%	50gm	\$4retail
---------------------------	----	------	-----------

### ***Antifungal creams***

Nystatin cream		15,30gm	\$4retail
----------------	--	---------	-----------

### ***Other***

Lidocaine viscous	2%	100ml	\$4Retail
-------------------	----	-------	-----------

Azelex	20%	50 gram	CrossOver
--------	-----	---------	-----------

Duac gel (Clinda/Benzoyl)	1.2%/5%	45gram	CrossOver
---------------------------	---------	--------	-----------

## Diabetes

### DPP-4 Inhibitor

Januvia	25,50,100mg	CrossOver
---------	-------------	-----------

**Insulin** (samples are available to get patients started while awaiting mail order, which usually takes 4-6 weeks)

Humalog		Mail Order
HumalogMix75/25		Mail Order
Humulin N		Mail Order
Humulin 70/30		Mail Order
Humulin70/30pen		Mail Order
Humulin R		Mail Order
Relion N		WalMart \$25 a vial
Relion R		WalMart \$25 a vial
Relion 70/30		WalMart \$25 a vial
Lantus		Mail Order (must be a US citizen)
Levemir		MailOrder(Visa/GreenCard/Citizen)
Novolin N		MailOrder(Visa/GreenCard/Citizen)
Novolin N Pen		MailOrder(Visa/GreenCard/Citizen)
Novolin R		MailOrder(Visa/GreenCard/Citizen)
Novolog		MailOrder(Visa/GreenCard/Citizen)
NovologMix70/30		MailOrder(Visa/GreenCard/Citizen)

### Metformin

Metformin	500, 850, 1000mg	\$4retail
Metformin ER	500mg	\$4retail

### Sulfonylureas

Glimeperide	1, 2, 4mg	\$4retail
Glipizide	5, 10mg	\$4retail
Glyburide	2.5, 5mg	\$4retail

### TZD

Actos	15, 30, 45mg	Mail Order (must be a US citizen)
-------	--------------	-----------------------------------

### Combination

Janumet	50/500, 50/1000mg	CrossOver
Janumet XR	50/500,50/1000,100/1000	CrossOver

### Neuropathy

Amitriptyline	10, 25, 50, 100mg	\$4Retail
Gabapentin	300, 600mg	Use <a href="http://www.goodrx.com">www.goodrx.com</a> savings program
Lyrica	50, 75, 100mg	Mail Order

**Other**

Bydureon	2mg	CrossOver
Byetta	5,10 mg	CrossOver
Farxiga	5, 10mg	CrossOver
Tanzeum	30, 50m	CrossOver

**Diabetes (page 2)**  
***Other Resources Available***

Diabetes Intensive Care clinic @ CrossOver

PharmD run innovative, successful program at CrossOver for new or uncontrolled diabetics. Involves 1 hour long appointments where lifestyle change education is emphasized. PharmD's are also able to adjust and titrate medications under a practice agreement.

A1c testing

Test the a1c every 3-4 months for newly diagnosed or uncontrolled diabetics. Test every 6 months or less for controlled diabetics. Testing is available on-site, point of care at CrossOver.

Vaccination

Pneumococcal vaccination is indicated for all diabetics. It is available @ CrossOver Richmond  
Flu vaccinations are available seasonally and indicated for all patients.

Hepatitis B vaccination is indicated for all diabetics and available @ CrossOver (both sites)

Syringes

Inexpensive to purchase by prescription at retail pharmacies.

CrossOver often has samples available for patients.

Glucometers and Test Strips

When in supply, CrossOver has glucometers and test strips available for patients at a low price.

Relion ultima glucometer approx. \$9 at Walmart

Relion ultima test strips approx. 20 count \$9, 50 count \$20, 100 count \$36 at WalMart

**Gastrointestinal*****PPI's***

Aciphex	20mg	Mail Order
Dexilant	30, 60mg	Mail Order
Omeprazole	20mg, 40mg	GoodRx, 40 mg is cheaper than 2x20 mg
Prevacid	20mg	Good Rx

***H2 Blockers***

Famotidine	20mg	\$4retail
Ranitidine	150, 300mg	\$4retail

***Other***

Dicyclomine	10, 20mg	\$4retail
Lactulose	237, 708ml	\$4retail
Metoclopramide	10mg, 60ml	\$4retail
Promethazine	25mg, 180ml	\$4retail

## Hyperlipidemia

### Statins

Crestor	5, 10, 20, 40mg	CrossOver
Lovastatin	10, 20mg	\$4retail

### Fibrates

Tricor	48, 145mg	<a href="http://www.goodrx.com">www.goodrx.com</a>
--------	-----------	--

### Combination

Vytorin (zetia/simva)	10/20, 10/40, 10/80mg	CrossOver
Simcor (niacin/simva)	500/20, 500/40, 750/20, 1000/20, 1000/40mg	CrossOver
Caduet (Ator/Amlol)	5/10,20,40; 10/10,20,40,80	CrossOver

### Others

Lovaza	1gm	CrossOver
Zetia	10mg	CrossOver

## Hypertension

### Ace Inhibitors

Lisinopril	2.5, 5, 10, 20mg	\$4retail
Benazepril	5, 10, 20, 40mg	\$4retail

### ARBs

Losartan	25, 50, 100mg	CrossOver
----------	---------------	-----------

### Beta Blockers

Atenolol	25, 50, 100mg	\$4retail
Carvedilol	3.125, 6.25, 12.5, 25mg	\$4retail
Coreg CR	10, 20, 40, 80mg	CrossOver
Metoprolol	25, 50, 100mg	\$4retail
Sotalol	80m	\$4retail

### Calcium C. Blockers

Procardia XL	30, 60, 90mg	CrossOver
Verapamil	80mg, 120 mg	\$4retail

### Diuretics`

Furosemide	20, 40, 80 mg	\$4retail
HCTZ	12.5, 25, 50mg	\$4retail
Indapamide	1.25, 2.5mg	\$4retail
Spirolactone	25 mg	\$4retail

### Other

Isosorbide Mono ER	30, 60 mg	\$4retail
Clonidine	0.1, 0.2mg	\$4retail
Hydralazine	10, 25, 50mg	\$4retail (10,25),CrossOver (50)
Methyldopa	250mg	\$4retail
Rythmol SR	225,325mg	CrossOver

### Combinations

Caduet (Ator/Amlol)	5/10,20,40; 10/10,20,40,80	CrossOver
Atenolol	25, 50, 100mg	\$4Retail
Bisoprolol-HCT	2.5/6.25, 5/6.25, 10/6.25mg	\$4Retail
Enalapril-HCT	5/12.5mg	\$4Retail
Lisinopril/HCTZ	10/12.5, 20/12.5, 20/25mg	\$4Retail
Triamterene-HCTZ	37.5/25, 75/50mg	\$4Retail

### Anti-Coags

Brilinta	60, 90mg	CrossOver
Clopidogrel	75mg	CrossOver
Warfarin	1,2,2.5,3,4,5,6,7.5,10	\$4retail

## Mental Health

### ***SSRI's***

Citalopram	20, 40mg	\$4retail
Fluoxetine capsule	10, 20, 40mg	\$4retail
Lexapro	5,10,20mg	Mail Order (TPC) but just as cheap through GoodRx with coupon
Paroxetine	10, 20mg	\$4retail
Pristiq	50, 100mg	CrossOver
Sertraline	25, 50, 100mg	www.goodrx.com

### ***SNRI's***

Cymbalta	20,30,60mg	Mail Order (TPC)
Effexor	37.5, 75, 150mg	Mail Order (TPC)
Pristiq	50,100mg	Mail Order (TPC)
Remeron	15,30,45mg	Mail Order (TPC)

### ***TCA's***

Amitriptyline HCl	10,25,50,75,100mg	\$4retail
Nortryptiline	10, 25mg	\$4retail
Trazodone Hydrochloride	50,100, 150mg	\$4retail

### ***Mood Stabilizers***

Depakote DR & ER	250, 500mg	CrossOver
Lamictal	25,100, 150,200mg	CrossOver
Lithium	300mg	\$4retail
Neurontin	300, 600mg	Mail Order (TPC)
Tegretol XR	100, 200, 400mg	CrossOver

### ***Typical Antipsychotics***

Fluphenazine	1mg	\$4retail
Haloperidol	0.5, 1, 2, 5mg	\$4retail

### ***Atypical Antipsychotics***

Geodon	20, 40, 60, 80mg	Mail Order (TPC)
Risperidal	0.5,1,2,3,4mg	Mail Order (TPC)
Seroquel XR	50, 150, 200, 300, 400mg	Crossover
Zyprexa	2.5,5,7.5,10,	Mail Order (TPC)

### ***Insomnia***

Zolpidem	5, 10mg	Retail (not \$4 but cheaper than others)
Rozerem		Mail Order (TPC)
Trazodone	50, 100, 150mg	\$4retail

### ***Other***

Benzotropine	2mg	\$4retail
--------------	-----	-----------



Buspar	5, 10mg	\$4retail
Campral	333mg	Mail Order (TPC)
Hydroxyzine	25mg	<a href="http://www.goodrx.com">www.goodrx.com</a>
Prochlorperazine	10mg	\$4retail
Trihexyphenidyl	2mg	\$4retail

## Migraine Treatment

### *Abortive Treatment*

Ibuprofen	400mg, 600mg, 800mg	\$4 retail
Imitrex Nasal Spray	5, 20mg	CrossOver
Maxalt	5, 10mg	Crossover
Maxalt MLT	5, 10mg	Crossover

### *Preventive Medicines*

Amitriptyline	10, 25, 50, 75, 100mg	\$4 retail
Depakote DR	250, 500mg	Crossover
Depakote ER	250, 500mg	Crossover
Gabapentin	300, 600mg	Use <a href="http://www.goodrx.com">www.goodrx.com</a> coupon for retail
Topiramate	50mg	CrossOver
Zonegran	25, 100mg	Mail order (TPC)

**Ophthalmology**  
***Cost Effective Prescribing for the uninsured***

**Antibiotics**

Ciloxan Ophthalmic Ointment, Solution	0.3%	CrossOver
Erythromycin Ophthalmic Ointment	3.5gm	\$4Retail
Gentamicin Sulfate ophth Solution USP [Garamycin]	Anti-infective	CrossOver, \$4Retail
Natacyn Ophthalmic Suspension	5%	CrossOver
Neomycin/Polymyxin B/Dexamethasone Ophth Susp [Maxitrol]	5ml Bottle	CrossOver, \$4Retail
Neomycin/Polymyxin B/Dexamethasone Ointmnt	3.5gm	\$4Retail
Polymyxin Sulf/TMP Op. Soln	10ml bottle	\$4Retail
Sulfacet Sodium 10% Op Soln	15ml bottle	\$4Retail
Tobradex Ophthalmic Suspension	Anti-infective	CrossOver
Tobradex Ophthalmic Ointment	Anti-infective	CrossOver
Tobramycin Ophthalmic Sol [Tobrex]	0.3%	CrossOver, \$4Retail
Vigamox	0.5%	CrossOver
Natacyn Ophthalmic Suspension		

**Allergic Conjunctivitis Treatments**

Emadine	0.5%	CrossOver
Pataday Ophthalmic Solution	0.2%	CrossOver
Patanol Ophthalmic Solution	0.1%	CrossOver

**Lubricants**

Bion Tears Lubricant	Lubricant	CrossOver
Isopto Tears Lubricant Eye	Lubricant	CrossOver
Naphcon A Eye Drops	Lubricant	CrossOver
Systane Lubricant Eye Drops	Lubricant	CrossOver
Systane Ointment	Lubricant	CrossOver
Tears Naturale Forte, II	Lubricant	CrossOver

**Glaucoma**

Azopt	1%	CrossOver
Levobunolol HCL Ophth Solution USP [Betagan]	0.5%	\$4Retail
Timolol Maleate Ophthalmic Gel Forming Sol [Timoptic-XE	0.25%, 0.5%	CrossOver (0.5%), \$4Retail
TRAVATAN® solution	0.04%	CrossOver
Trusopt	2%	CrossOver
Betoptic S	0.25%	CrossOver

Xalatan	2.5 ml, 7.5 ml	CrossOver
<b>Other</b>		
Cyclogyl Opth Solution	0.5%, 1%, 2%	CrossOver
Cyclomydril Opth Solution	Mydriatic	CrossOver
Durezol	0.05%	CrossOver
Flarex Opth Suspension	0.1%	CrossOver
Isopto Hyoscine	0.25%	CrossOver
Nevanac Ophthalmic Suspension	0.1%	CrossOver
Maxidex (dexamethasone)	0.1%	CrossOver
Mydriacyl (tropicamide) Solution	1%	CrossOver
Omnipred	1%	CrossOver
Pilocarpine HCL Opth Solution [Isopt]	1%, 4%	CrossOver
Pilocarpine HCL Opth Solution [Isopt]		(2%) CrossOver, \$9Retail
Vexol Ophthalmic Suspension		(1%) CrossOver

## Orthopedic and Rheumatologic

### ***Anti-Inflammatory***

Arthrotec	50/200mcg, 75/200mcg	CrossOver
Celebrex	50, 100, 200, 400mg	CrossOver
Diclofenac	75mg	\$4retail
Ibuprofen	400, 600, 800mg, 100mg/5ml	\$4retail
Indomethacin	25mg	\$4retail
Meloxicam	7.5, 15mg	\$4retail
Naproxen	375, 500mg	\$4retail

### ***DMARDS***

Arava		Mail Order
Enbrel		Mail Order
Humira		Mail Order
Imuran		Mail Order
Methotrexate	2.5mg	www.goodrx.com
Neoral		Mail Order
Remicade	IV injection	Mail Order
Rituxan	IV injection	In certain situations, can be arranged

### ***Gout***

Allopurinol	100mg, 300mg	\$4retail
Colcrys	0.6mg	Mail Order
Uloric	40, 80mg	Mail Order

### ***Muscle Relaxants***

Baclofen	10mg	\$4retail
Cyclobenzaprine	5, 10mg	\$4retail

### ***Steroids***

Dexamethasone	0.5, 0.75, Dose Pack	\$4retail
Prednisone	2.5, 5mg	\$4retail

\*Epidural steroid injections also may be scheduled through local hospitals

## Seizure Disorder

Depakote DR	250, 500mg	CrossOver
Depakote ER	250, 500mg	CrossOver
Dilantin Capsules	100mg	CrossOver
Dilantin Infatabs	50mg	CrossOver
Gabapentin	100, 300, 600mg	<a href="http://www.goodrx.com">www.goodrx.com</a>
Keppra XR		Mail Order
Lamictal	25, 100, 150, 200mg	CrossOver
Levetiracetam	500mg, 1000mg	<a href="http://www.goodrx.com">www.goodrx.com</a>
Tegretol XR	100, 200, 400mg	CrossOver
Topiramate	50mg	CrossOver

## Thyroid Conditions

Synthroid	25, 50, 75, 88, 100, 112, 125, 137, 150, 175, 200mcg	Crossover
Levothyroxine	25, 50, 75, 88, 100, 112, 125, 137,150 ,175, 200 mcg	\$4Retail
Methimazole	5mg	Cheapest @Walmart

## Urology

### *Alpha Blockers*

Rapaflo	8mg	Mail Order
Terazosin	1, 2, 5, 10mg	\$4 Retail
Jayln	0.5/0.4mg	CrossOver

### *Antispasmodics*

Detrol	1, 2mg	CrossOver
Detrol LA	2, 4mg	CrossOver
Ditropan	5mg	Mail Order
Ditropan XL	5, 10, 15mg	Mail Order
Enablex	7.5, 15mg	Mail Order
Sanctura XR	60mg	Mail Order
Toviaz	4, 8mg	CrossOver
Vesicare	5, 10mg	Mail Order

### *5-alpha Reductase Inhibitors*

Avodart	0.5mg	CrossOver
Proscar		Mail Order

### *Other*

Phenazopyridine	100mg	\$4 Retail
-----------------	-------	------------



## Vaccines at CrossOver

### **Adult Vaccines: 19 years and older**

The following adult vaccines are donated from RxPartnership and require a prescription to be sent and processed through our pharmacy. They are administered at Cowardin only:

#### **Merck Vaccines for Adults 19 and over:**

Gardasil (HPV)	Varivax (Varicella)
MMR (Measles, Mumps, Rubella)	Vaqta(Hep A)
Pneumovax23 (Pneumococcal Vaccine Polyvalent)	Zostavax (Varicella)
Recombivax(Hep B,regular and Dialysis formulas)	

#### **PRESCRIBING to CrossOver Pharmacy for the above adult Vaccines:**

If you are serving at our *Cowardin* location and the pharmacy is open:

1. ePrescribe the needed vaccine to CrossOver Pharmacy.
2. Notify Nursing

If you are serving at our *Quioccasin* site or at Cowardin when the pharmacy is closed:

1. ePrescribe the needed vaccine to CrossOver Pharmacy.
2. Mark "Vaccine Clinic" on the checkout sheet. The patient will be scheduled for administration at our Cowardin location.

#### **Other adult vaccines that are available at both CrossOver clinics (don't need an rx just an order):**

Boostrix (Tdap-diphtheria/pertussis/tetanus)  
Energix-B (Hepatitis B-adult)  
Seasonal Flu Shot

#### **ORDERING:** \*Please verify with nursing staff that vaccine can be administered immediately\*

1. Place the order under the Immunizations hyperlink > Add > My Favorites > select vaccine > OK
2. Notify nursing

\*\*If you are in Cowardin and the pharmacy is closed, order it as in step 1 and refer the patient to "Vaccine Clinic" on the back of the check-out sheet.

### **Children's Vaccines: 18 years and younger**

Children's vaccines are now available at both clinics; *they do not require an Rx just an order*

*\*See ORDERING above*

#### **Children's vaccines CrossOver most commonly carries:**

Havarix (Hepatitis A-Ped)	MMR (Measles, Mumps, Rubella)
Energix-B (Hepatitis B-Ped)	MMR-V (Measles, Mumps, Rubella, Varicella)
Boostrix (Tdap-diphtheria/pertussis/tetanus)	Menactra (Meningococcal)
Tenivac (Tetanus)	iPol (IPV-Polio)
Gardasil (HPV)	

\*\*\*Other vaccines may also be available, inquire if needed.

\*\*\***WASTED VACCINE**-please contact Rafy Luqa with name and lot #\*

## Women's Health

### Anti-infectives commonly used for Women's Health Issues

Acyclovir	200mg	\$4 retail
Ciprofloxacin	250, 500mg	\$4 retail
Fluconazole	150mg	\$4 retail
Macrobid	100mg	Crossover Pharmacy
Metronidazole	500mg	Crossover Pharmacy or \$8-10 retail with <a href="http://www.goodrx.com">www.goodrx.com</a> coupon
TMP/SMX (Bactrim)	800mg/160mg, 200-40mg/5ml	\$4retail

### Breast Cancer Primary/Secondary Prevention

Arimidex	1mg	Crossover Pharmacy
Evista	60mg	Mail Order

### Hormonal Regulation

Depo-Provera		CrossOver Pharmacy
Enskyce		\$9 WalMart
Jencycla		\$9 WalMart
Kurvelo		\$9 WalMart
Levonorgestrel/Ethinyl Estradiol		\$9 WalMart
Medroxyprogesterone Acetate	2.5, 5, 10mg	\$4 retail
Mirena, Skyla IUD		Mail Order [must be <100%FPL]
Norethindrone	0.35mg	\$9 WalMart
Pirmella	1/35, 7/7/7	\$9 WalMart
Sprintec		\$9 retail
Tri-Sprintec		\$9 retail

### Hormone Replacement Therapy

Estradiol	0.5mg, 1mg, 2mg	\$4 retail
Medroxprogesterone Acetate	2.5mg, 5mg, 10mg	\$4 retail
Premarin	0.3, 0.625, 1.25mg	CrossOver
Premarin Vaginal Cream	30gm	CrossOver
Prempro	0.45/1.5, 0.625/2.5, 0.625/5mg	CrossOver

### Osteoporosis Treatments

Alendronate	35, 70mg	\$9 Walmart
Evista	60mg	Mail Order
Boniva	2.5mg, 150mg	Mail Order

### Other

Prenatal Vitamins		\$4retail, OTC, Samples
-------------------	--	-------------------------