

Patient Instructions- Hemocult Kit

You will be given 3 special cards and 3 wooden sticks and 3 pairs of gloves. On the front of each card write your entire name, date and time of stool sample collected. The samples will be collected over a 3 day time period. You will collect one sample per day, even if you have more than one bowel movement a day ONLY one sample is collected per day.

1. The stool should be passed into a clean, DRY container. You can use a clean margarine tub or a clean milk carton with the top cut off or a large plastic bag.

2. Open front of the flap on the front of the card, put on your gloves and using a wooden stick place a small smear of stool on each of the two windows labeled A and B. Close the flap when finished with the stool collection. Protect cards from heat, light and any chemicals

3. Collect second stool sample on day two using a clean container, a different wooden stick and another card. Remember to write on the label both the date and time of the collection.

4. Do the same for day three.

5. Do not collect samples during your period. You must wait until 3 days after you finish your period. Do not collect stools samples if you have bleeding hemorrhoids.

6. For 3 days before the test avoid Vitamin C tablets, iron tablets, red meat for example, beef, lamb or liver. Do not eat raw broccoli, cauliflower, horseradish, parsnips, radishes, turnips or melons.

7. Bring in the samples to the clinic promptly after collection.