

## **Mental Health Therapist (LPC/LCSW)**

**CrossOver Healthcare Ministry** is a non-profit organization which operates two free clinics in the Metro Richmond area that offer medical, dental, vision, medications, mental health counseling, social work case management, and community health education to low-income residents who do not have health insurance. Our clinics are located on Cowardin Avenue in South Richmond close to Downtown and Quioccasin Road in Western Henrico County.

### **Position Summary:**

As a key member of the clinical team at CrossOver Healthcare Ministry, the licensed mental health therapist (LPC or LCSW) will provide psychotherapy treatment, psychoeducational, and/or prevention services to clients with a wide range of psychiatric, emotional, relational, and social problems: provide specialized consultation and education services to diabetic patients with depression.

### **Detailed Description:**

Provides individual, family and group psychotherapy with adults, case management and crisis intervention services in a community mental health clinic setting. This position will apply considerable knowledge of principles of community mental health and trauma-informed care. The therapist will apply skills in mental health diagnoses, assessment, and treatment; must possess considerable knowledge of the development of psychosocial history, interviewing, and treatment planning.

The ideal candidate must have working knowledge and understanding of normal and abnormal human behavior, personality development, family and group dynamics, knowledge of and ability to apply a variety of psychotherapeutic treatment techniques/modalities. Techniques to be used include cognitive behavioral therapy, rational emotive behavioral therapy, motivational interviewing, solution focused therapy, exposure therapy, mindfulness training and creative modalities. The therapist must adhere to basic ethics appropriate for a professional helping relationship as outlined by the American Counseling Association, Virginia Board of Counseling, and/or the National Association of Social Workers. Candidates must have ability to communicate clearly, both orally and in writing, and ability to act with good judgment.

This is a grant-funded position, and candidates will be expected to actively engage with program planning, implementation, data collection, and reporting in order to ensure adherence to all grant requirements. Additionally, this grant specifically focuses on patients with co-morbid diabetes and depression, so the ideal candidate would have experience in working with this population or similar populations.

### **Essential Duties and Responsibilities:**

- Provides individual psychotherapy with adults as a member of a collaborative care team, which includes medical providers
- Acts as client advocate to coordinate required services or to resolve emergency problems in crisis situations

- Collects information about clients through observation, interviews, or tests
- Conducts biopsychosocial intakes and administers assessments
- Uses clinical judgment to change method and degree of therapy when indicated
- Refers client to supportive services to supplement treatment and counseling
- Conducts research in appropriate treatment protocols for clients
- Completes client-related paperwork, including federal- state-mandated forms, client diagnostic records, and also progress notes and maintains confidentiality of records
- Provides discharge planning
- Maintains knowledge of developments in behavioral health by reading professional literature, attending courses, seminars, or establishing and maintaining contact with other social service agencies
- Complies with ethical conduct guidelines as described by their professional code of ethics
- Participates in interdisciplinary treatment planning as a member of a collaborative care team and is committed to enhancing primary care-behavioral health integration
- Assists in program coordination, development, and community outreach. Builds patient base through leading initiatives aimed at directly recruiting patients and raising awareness about the program amongst CrossOver staff and volunteers
- Collaborates on implementation of mental health related grants/fundraising proposals, specifically the Defeating the Deadly Double initiative targeting patients with co-occurring diabetes and depression, and works to ensure that all relevant grant outcomes are met or exceeded
- Knowledge of all Microsoft Office software and able to learn and use organizational software systems
- Complies with all organizational and state policies
- Other duties as assigned

**Supervisory Responsibilities** No supervisory responsibilities at present

**Qualifications** To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

**Required Education and/or Experience:** Master's Degree in Counseling, Social Work, or related field, from an accredited college or university. Licensure as Professional Counselor or Clinical Social Worker in Virginia required. Two-three years of experience working in community mental health preferred.

Applicants may send a cover letter and resume, including references and salary requirements, to [info@crossoverministry.org](mailto:info@crossoverministry.org). No phone calls, please.