

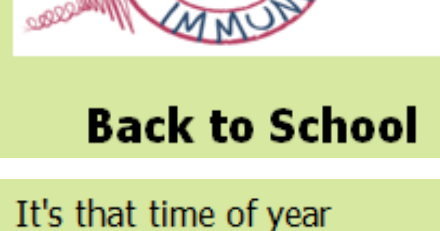
We are called to provide high quality healthcare, promote wellness, and connect community talents and resources with people in need in the name of Jesus Christ.

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Back to School

It's that time of year again! We are gearing up for our back to school clinics.

We need YOUR help. We are looking for volunteer **Pediatricians/Family Practitioners, nurses, and Spanish and Arabic interpreters.** We are also in need of **non-clinical volunteers** who can help with checking patients in and out and facilitating the running of the clinics.

Due to the demand in Henrico County we are holding both days of our clinics at our Western Henrico Location.

Friday, August 18th
1:00 pm to 5:00 pm

Saturday, August 19th
8:30 am to 12:30 pm
1:00 pm to 5:00 pm

If you are interested in volunteering please contact Molly Smith at msmith@crossoverministry.org

Gifts of Note

CrossOver was fortunate to receive a notable gift from:

Rhodes and Leona B. Carpenter Foundation

Henry Crofton Clarke Memorial Foundation

Massey Foundation

Lee Showalter Family Fund of the Community Foundation

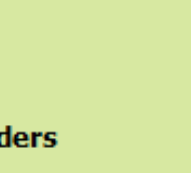
The Titmus Foundation

Thank you for your continued support!

Help Needed

Can you volunteer?

We're currently seeking individuals to help us in the following ways:



Bilingual interpreters for Spanish and Arabic

Nurses

Primary Care Providers and ENT Providers
Western Henrico Clinic

OB Nurses
Cowardin Clinic

With 60% of services being provided by volunteers and an ever increasing number of uninsured people looking to become patients, additional help is needed in order for us to continue to provide high quality healthcare for those in need.

Please click on the button above to go to the online application or contact Molly Smith at 804.422.2600 x119 or email msmith@crossoverministry.org.

Give a Little Bit

You can support CrossOver in a variety of ways.

Become a member of the **Legacy Circle** by remembering CrossOver in your **estate plans.** For more information, contact Lynn Williams at 804.655.2794 ext. 102 or email lwilliams@crossoverministry.org.

If you are a frequent **Amazon** or **Kroger** shopper, you can designate us as a recipient of a portion of your purchase through their give back programs.

More information as well as the links to register can be found on our [website](#).

United Way participant, school or government employees should ask that your contribution be directed to CrossOver by using the following numbers.

United Way of Greater Richmond & Petersburg #3200

Combined Federal Campaign #65367

Commonwealth of Virginia Campaign #3261

Local Schools & Government Campaign #118

Many employers sponsor **matching gift** programs and will match charitable contributions made by their employees (or spouses and retirees). If it is offered, simply request a matching gift form, and send it completed and signed with your gift. We will do the rest. This will double (or possibly triple) the impact of your gift.

To contribute, mail checks to:

**8600 Quicoocasin Road, Suite 102
Richmond, VA 23229**

OR



Our fiscal year is winding down!



Our fiscal year comes to an end June 30th. YOU can help us finish on high note. [Click here to donate today!](#)

As our fiscal year comes to a close there are still four days left to give!

You can help us finish the year strong by [clicking here](#) to donate today!!

Warm Hands, Professional Care

VCU Collaboration helps create better mental healthcare.

For years the stigma of mental illness has prevented many people from reaching out for the care they need. Sadly, for far too many people, this is still the case.

As a medical home for our patients we offer care for the whole person; from primary care to dental and vision, to mental health and social work.



With our integrated approach to care we do our best to make the transition from primary care provider to mental health provider as stress free as possible. Patients often feel more comfortable seeing a counselor at CrossOver because they can go to the same place where they receive all of their medical services.

For some though, it is still very difficult to even ask for help. Many of our foreign born patients come from countries that do not even have a word for mental illness. And, if they do the stigma is often much greater than here in the US.

In December of last year we began a collaboration with the VCU School of Psychology to reach out to our most vulnerable patients.



Clinical Psychology Doctoral Candidates Rachel E. Weiskittle, M.S. (left) and Farah Aslanzadeh (right).

Through this partnership, doctoral students in their final year of study at VCU do rotations in free and charitable clinics like CrossOver.

The doctoral students join us at both clinic locations to offer what is known as a "warm hand-off" approach. Through this method, a primary care provider, who notices the signs of stress, anxiety or depression can bring in one of the students to do an evaluation.

"We are very happy to have the VCU Behavioral Health Residents on our mental health team here at Crossover, Says CrossOver Counseling Coordinator Schliqua Thompson, LPC.

"Their ability to provide short term care really allows us to expand access to mental health services to our patients."

By having a trusted physician introduce a patient to the mental health team there is a greater likelihood that they will continue with mental health care.

This program is a win win. Our patients receive optimal care and the students gain valuable experience as they head towards graduation.

On of our doctoral candidates, Rachel E. Weiskittle, M.S. has this to say:

"CrossOver's interdisciplinary team model has allowed us to provide a full range of health services for our patients in a collaborative setting. We have loved our time working with our patients and teammates!"

We are very grateful to VCU and all of our community partners who help us improve the lives of our patients every day.

Lay Health Promoter Celebration

On Friday night, May 19, 2017, we celebrated our Lay Health Promoter 100th graduating class. It was a grand family reunion made up of more than 150 LHPs from across the years. For those who couldn't be there, you were missed but not forgotten.

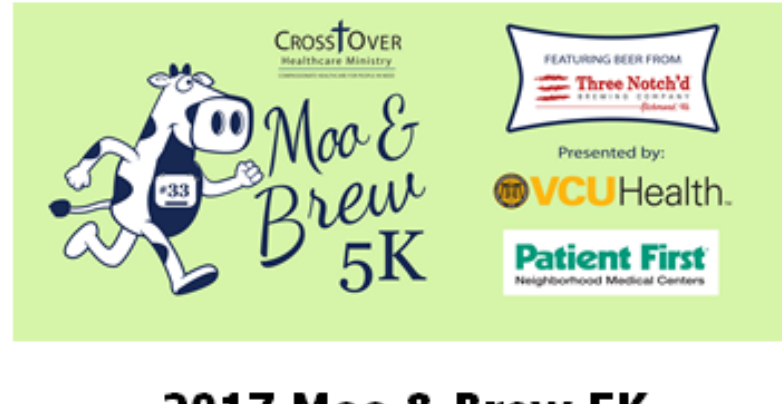
Thanks to everyone who made this a special night.

We would like to say special thanks to Richmond Sheriff C.T. Woody, Jr and the Rev. Gail Sailes from Antioch Baptist Church for their wonderful remarks.



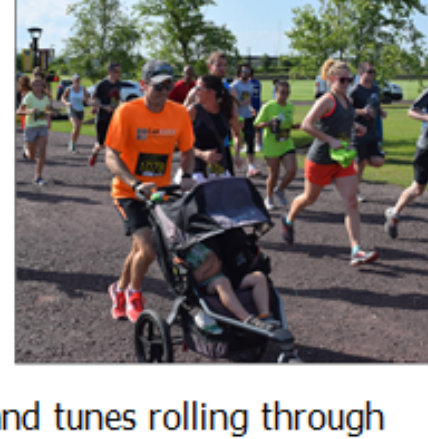
The 100th Lay Health Promoter Class with CrossOver Director of Health Education Marilyn Metzler (fourth from right)

[Click here for more photos!](#)



2017 Moo & Brew 5K

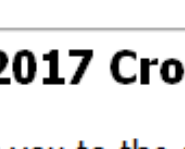
On Saturday, June 3rd we were blessed with beautiful weather for the Moo & Brew 5K. More than 200 people joined us for the road race and party!



We'd like to say a special thanks to [Three Notch'd Brewery](#), [Gordy Burgers](#) and [The Green List](#) for keeping the brews, burgers and tunes rolling through the night.

[Click here to view more photos!](#)

And always thanks to all of our sponsor



2017 CrossOver Mens' Breakfast

Thank you to the diverse group of men who came out to the annual CrossOver Mens' Breakfast at the Commonwealth Club.



The event was a rousing success, raising more than \$25,000 for CrossOver's programs.

We would like to particularly thank event co-chairs Joe Teefey and Duncan Owen and speakers Fr. Shay Auerback, Ken Johnson, and Dr. Jim Zocco.

[Click here to see more pictures.](#)

[Click here to see remarks from CrossOver board member Ken Johnson.](#)

Thank you to our generous sponsors!

Richard & Aggie Cullen

Ken & Lydia Johnson

Duncan Owen

Hirschler Fleischer

John C. Ivins, Jr.