2011 Annual Report

A Day in the Life of CrossOver Health Care Ministry





COMPASSIONATE HEALTH CARE FOR PEOPLE IN NEED

This is the day the LORD has made; let us rejoice and be glad in it. ~Psalm 118:24 "I feel CrossOver uses medicine from God to create a miracle. The medicine is called love, L-O-V-E, love. My heart is full of thanksgiving."

~Kit, CrossOver Patient



8:00 a.m. | The clinics come alive as volunteers and staff arrive for the day and patients begin to line up outside.

Each Day Brings New Opportunities to Serve Those in Need.

We chose A Day in the Life of CrossOver Health Care Ministry as the theme for this year's report as a means to illustrate the full range of compassionate health care services that CrossOver provides for our uninsured low-income neighbors. After almost three decades, CrossOver continues to impact our community by restoring health and hope, one person at a time.

We are blessed by hundreds of devoted volunteers to supplement our small but committed staff. As a result, patient visits have doubled over the past four years, while our cost per visit has been reduced by more than 40%. CrossOver provided more than 35,000 patient visits this past year, serving more than 140 patients per day at our three clinics. Our Community Pharmacy continues to expand the range of medications available to our patients. In the past year, the number of free prescriptions dispensed increased by 9.5% to 31,764 prescriptions valued at over \$5 million.

In April, we expanded our Western Henrico location to include a separate dental and vision suite with three dental chairs and an eye lane. As oral health care remains one of the largest unmet local health care needs, we will continue to seek ways to optimize the use of these new resources. Having eye care services available at this location has resulted in a new partnership with Goochland Free Clinic and Family Services (GFCFS). Currently, one day per month, GFCFS brings a van full of Goochland County patients to CrossOver's eye care clinic. This is one of many examples of collaboration that occurs across the health care safety net.

9:30 a.m. | Downtown |

After picking up supplies, Marilyn Metzler, RN, Director of Health Education, heads out to teach a Lay Health Promoter (LHP) class. Lack of health knowledge leads to chronic illnesses, life-threatening complications and early death. Lay Health Promoters learn about prevention of disease, recognition of early warning signs of illness, and accessing and navigating available resources. They then share that knowledge with family, neighbors and friends.



CrossOver is truly blessed by the community's financial and prayer support, in-kind donations of medications, equipment, supplies and services, as well as the skilled and discerning interaction of our volunteers with our patients. This amazing level of generous collaboration has enabled CrossOver to carefully steward \$2 million of cash donations to deliver over \$10.5 million in services to save lives on many levels.

Without question, there is much uncertainty regarding the future of health care reform. What remains certain, however, is the ongoing need for access to the quality compassionate health care that CrossOver provides. We are deeply thankful for your faithful outpouring of support. We pray that you will continue with us on this exciting journey of restoring health and hope each day to our neighbors in need.

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Annhorner Truitt President, Board of Directors

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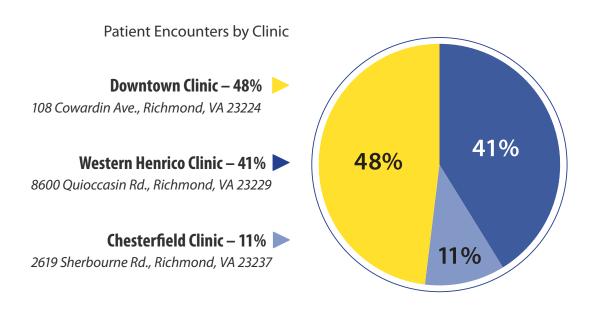
Tom Byrd Immediate Past President, Board of Directors

10:30 a.m. | Western Henrico |

Robert, who is diabetic, arrives for a checkup. Uninsured people with chronic illnesses such as diabetes, asthma and heart disease often wait for a crisis to seek health care and are more likely to rely on emergency room services. At CrossOver, patients like Robert are able to treat and monitor their diseases, thus preventing life threatening conditions.



Fiscal Year 2011 Patient Statistics



Through in-clinic programs and referrals to other facilities, CrossOver provides a full range of services.

Patient Statistics

5,920 **Unique Patients Served** 35.656 Patient Encounters 988 Mammogram Appointments 1,027 **Other Imaging Appointments** 775 Access Now Referrals **Babies Born** 152 31,764 **Prescriptions Provided** 2,988 **Dental Visits** 1,286 **Eye Care Visits** 26,938 **Medical Visits** 1,591 Mental Health Visits 1,015 **HIV Visits** 1,838 **OB** Visits

"Since my first day working for CrossOver, I have always been impressed with the generosity of spirit and quality of care that is provided by our volunteers. Our clinicians and nurses, who are among the best in their fields, along with our non-medical volunteers are a blessing to our patients' physical, mental and spiritual health and an inspiration to work with daily."

~Eric Brinkert, Volunteer Coordinator



Volunteer Statistics

Primary Care Provider Hours	2,109
Specialty Care Provider Hours	2,179
Nursing Care Hours	4,576
Additional Volunteer Hours	18,881*
Total Hours Volunteered	27,745

*Includes pharmacy, dental, vision and non-clinical volunteers

Lay Health Promoter Program Statistics

- 91 New Lay Health Promoter graduates, bringing the total to 1,184
- 6,908 Health education visits conducted
 - 85 Health information booths at area churches and health fairs
- 3,220 Women received breast health and early cancer information
 - **10** Continuing education workshops conducted. Topics include:
 - Caregiver Stress learning how to prevent burnout
 - Dementia what is it?
 - Mobilizing LHPs to be part of the health care solution
 - Nutrition and weight loss
 - Beauty from ashes God's transformational power

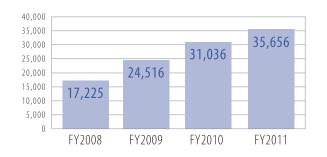


"At CrossOver, each dollar donated to the ministry is multiplied many times over in health care benefits for our patients. Through effective organizational management and the collaboration of our volunteers and staff, we leverage our resources to provide high quality health care at an efficient cost."

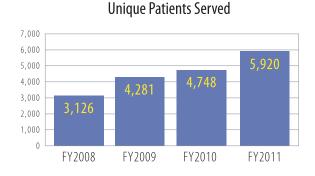
~J. Stephen Lindsey, FACHE, Treasurer

Services Up, Costs Down.

CrossOver continues to make a major impact on the Richmond community. While the amount of care provided, measured in clinical visits, has more than doubled in the past four years, the cost per patient visit has been reduced by 40%. This has been accomplished by leveraging volunteer time and in-kind donations.



Clinical Visits



Cost per Patient Visit





Statement of Activities

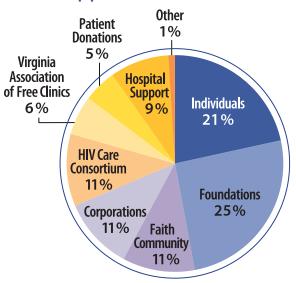
For the Year Ended June 30, 2011

Cash Support and Revenue	\$1,909,032
In-Kind Contributions*	\$8,644,309
► Total Support and Revenue	\$10,553,341
Program Services	\$9,906,115
Supporting Services	\$535,832
► Total Expenses	\$10,441,947
Change in Net Assets	\$149,157
Support Services Expense as a % of Total Expenses	5.1%

*In-Kind contributions include donated labor, medications, supplies and medical services

FY11 Sources of Cash

Support and Revenue





11:15 a.m. Downtown

Carla arrives for an appointment with CrossOver's HIV team. The only free clinic in Richmond that provides full service care to patients with HIV, CrossOver offers a full continuum of care for all of her health needs, from lab tests and medications, to social work case management and mental health counseling.

Our Donors

July 1, 2010 to June 30, 2011

\$50,000+

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12:00 p.m. | Western Henrico |

CrossOver's depth of care is unique for a free clinic environment. CrossOver offers a variety of specialized care such as cardiology, ear nose and throat services, and physical therapy. Ben, who injured himself on the job, comes in twice a week for therapy to rehabilitate his back. He will soon be able to return to work.



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1:00 p.m. | Downtown |

Anne, a volunteer financial screener, meets with potential patients to help them access the medical system. Immigrants from more than 100 countries are included in the patient base at CrossOver. For patients like Dominic, who came from El Salvador, seeking help with very little knowledge of English can be a frightening and overwhelming experience. Trained screeners take the time to explain and guide patients through the process.

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2:00 p.m. | Chesterfield |

Anya, a working single mother, was so focused on her children's well being that she lost sight of her own. Untreated diabetes and high blood pressure were threatening to destroy her kidneys and her illness left her unable to work. Since coming to CrossOver, her blood pressure is back to normal, her diabetes is under control, and she is once more able to provide for her family.

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3:15 p.m. | Downtown |

A courier from Bon Secours Health System arrives to deliver medications from CrossOver's community pharmacy to other free clinics. As the only free clinic in the Richmond area with a licensed pharmacy on site, CrossOver is able to provide free medications to our own patients as well as those served by the Fan Free Clinic, the Richmond Center for High Blood Pressure, the Love of Jesus Health Center, the Free Clinic of Powhatan and Goochland Free Clinic and Family Services.

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"Thursdays at CrossOver are the most exciting time of the week for me. Not only do I get to work with these patients, but I can also influence future dentists. I feel like God has called me to be a mentor, and I am able to mentor dental students brought through CrossOver every week as volunteers." ~Rob Cox, DDS, Volunteer

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4:00 p.m. | Downtown |

Poor dental care can have an extremely adverse effect on nutrition and general health. When Micah came to CrossOver, he hadn't seen a dentist in years and his health was poorer for it. Now, his gum disease is under control and his nutrition has improved.



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5:00 p.m. | Western Henrico |

Volunteer Coordinator Eric Brinkert meets with a church group that will be performing a mission clinic the following Saturday. Mission clinics provide churches and community partners a chance to apply their medical skills in the service of their community.



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*This list reflects gifts received between July 1, 2010 and June 30, 2011. Every effort has been made to ensure that names are listed correctly. If this is not the case, please contact us at 804-422-2600 so we may correct our records.



6:00 p.m. | Western Henrico | The Development Committee meets in the conference room to plan for the upcoming Compassionate Care Awards and the CrossOver Challenge.

Our Volunteers

Hannah Abbott Sharron Abell Ashley Abercrombie Andrew Adkins Diane Ager, RN Mildred Albright Theodore Aldhizer, MD Saba Al-Hashimi Bryn Allen Candace Allen, RN Radwan Almomani Hilton Almond, MD Lance Ames Larissa Anderson, LPC Mary Anderson Frank Angus, DDS Erin Anthony Eileen Appelrouth, RN Nancy Armstrong, MD Edith Atkins Dana Atkinson Rebekah Augustine, NP-C Sarah Avad Susana Ayad

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7:00 p.m. | Downtown |

Volunteers from VCU Schools of Medicine and Pharmacy see patients as part of CrossOver's evening clinic program. These clinics provide convenient evening clinic hours for our patients and are excellent service learning activities for the students.

Jeanne Dorman Deborah Driver Ilya Dubovoy James Duff, DDS Teresa Duke, RN Terri Dunawav Olga Dugue Jacqueline Dwyer Nicole Earle Jennifer Edwards, DPM Thomas Fichler, MD Greg Ellen David Elliott, MD Cvnthia Eng Laura English Lvdia English **Diane Epstein** Martha Esleeck Michelle Fairlamb-Fletcher Matthew Fanelli Magy Fawzy Kim Felts Vickie Felts Michael Ferras Georgeanne Fielden, RN Shervl Finucane PT, PhD

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Jasmine Garrett Mary Garrett Donna Gaskins Christie Gaskins, NP-C Sigsby Gayle, MD Beverly Geissler, RN Peter Gendi Diane Gilkenson Pat Gill, MD Brvan Gilreath Aileen Giordano Louise Girvin Sharron Glasscock Wallace Glasscock Salem Glenn Erbie Godwin Sally Goldberg, RPh Ruth Goldfarb, RN Ellen Goodwin **Omar Gonzalez** Ryan Gorman, NP-C Anne Granger Bernice Green Mackenzi Green Tashia Greene Allison Gregory, NP-C

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"I love being able to use my nursing skills at CrossOver to help provide quality care to the under served community in Richmond. The physicians and other professionals all give care from their heart. It is an honor to be a part of the team."

~Sue Schneider, RN, BSN



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"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." – Francis of Assisi



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"Every day at CrossOver, God creates a miracle by bringing together an amazing group of volunteers and staff to provide compassionate, quality health care to the least of these in our community."

~Dan Jannuzzi, MD, Medical Director

*Board Member term ended 6/30/2011

22 CrossOver Health Care Ministry | 2011 Annual Report

"I feel like everyone who walks through the door at CrossOver is treated with great respect. It took being without health insurance for me to feel like I wasn't a number. For the first time in my life I was really a patient."

~Susie, CrossOver Patient

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that the Lord is good "PSALM 1003

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Our Mission

We are called to provide health care, promote wellness and connect community talents and resources with people in need in the name of Jesus Christ.



Our Vision

A healthy, vibrant community where every person is restored by the compassionate, healing love of God.

"And of some have compassion, making a difference."

~Jude 1:22

CrossOver	CrossOver	CrossOver	CrossOver
Administrative	Downtown	Western Henrico	Chesterfield
Offices	108 Cowardin Ave.	Across from Regency Mall	At Sherbourne United
8600 Quioccasin Rd.	Richmond, VA 23224	8600 Quioccasin Rd.	Methodist Church
Suite 102	804-233-5016	Suite 105	2619 Sherbourne Rd.
Richmond, VA 23229		Richmond, VA 23229	Richmond, VA 23237
804-422-2600		804-622-0803	804-249-4004

CrossOver Health Care Ministry – providing compassionate health care for people in need.